

à la Soupe

From 09 to 14.09.2019

avec un sandwich ou une salade, c'est encore mieux !

Menu from 7.50€

Menu of the Day 7.50€ (large +3€) (from Monday to Friday)
soup of the day + sweet of the day or drink

Choice Menu 8.90€ (large +3€) (+1€ for BIO sandwich)
soup or weekly salad + sandwich or dessert or drink

Full Menu 10.80€ (large +3€) (+1€ for BIO sandwich)
soup or weekly salad + sandwich + dessert or drink

Caesar Salad Menu 11.90€ (+1€ for BIO sandwich)
Caesar salad + dessert or sandwich

Big Salad Menu 12.90€ (+1€ for BIO sandwich)
Big salad + drink or dessert or sandwich

Soup of the Day

5.50€ / large +3€

Monday	Green lentils spicy creamy soup Allergens: cream
Tuesday	Peas & green cabbages soup Allergens: none
Wednesday	Mixed vegetables soup Allergens: celery
Thursday	Cream of celery soup with vegetables Allergens: celery, cream, gluten
Friday	Oriental fish soup Allergens: celery, fish

Sandwiches

- Wrap Hummus**
(Tortillas, hummus, carrot, arugula, cucumber)
Allergens: gluten
- Ardennes BIO bread with tuna**
(Bio bread, mayonnaise, tomato, tuna, salad)
Allergens: egg, gluten, fish, mustard
- Spelt & squash BIO bread with goat cheese and arugula**
(Bio bread, candied tomato, cucumber, goat cheese, arugula)
Allergens: gluten
- Luxembourg style whole grains rustic BIO bread**
(Bio bread, mustard, Luxembourg smoked sausage, tomato, pickle, salad)
Allergens: gluten, mustard

Tomatoes Gazpacho 6.40€/large +3€
Allergens: celery

Weekly soup 6.40€/large +3€
Cream of spinach with coconut milk
Allergens: cream

International Soup 6.40€/large +3€
Asian velouté
Allergens: celery, cream, gluten, soya, fish(nuoc-mâm)

Classic Soup 7.10€/large +3€
Split peas soup with roasted sausages
Allergens: none

The Traditional 7.10€/large +3€
Bouneschlupp Luxemburgish soup
Allergens: gluten

SALADS

Weekly salad 6.40€/large +3€
Niçoise salad with tuna
Allergens: fish

Chicken Caesar Salad 8.90€
Allergens: cheese, egg, gluten

The Salmon with Provencal herbs Big Salad 9.90€
Allergens: fish

Organic roasted quinoa with shrimps & avocado Big Salad 10.90€
Allergens: seafood

Italia Big Salad with raw ham, tomatoes & mozzarella 10.90€
Allergens: milk

DESSERTS

Egg flan 3.80€/large +3€
Allergens: egg, milk

Fresh fruits salad Allergens: none 3.80€/large +3€

White cottage cheese Allergens: milk 3.80€/large +3€

Chocolate mousse 3.80€
Allergens: egg, cream

Frozen Yogurt 4.00€ (+1€ in menu)
Allergens: milk (+0.50€ for fresh fruits)

Frozen Yogurt with Bio Hemp 5.00€ (+1€ in Menu)
(CBD 0.2% THC) Allergens: milk

Drinks

Bionade, Carpe Diem, Birch sap	3.10€
Non-alcoholic beer	3,00€
Fruit juice, coca or coca zero 0.20l	2.70€
Sparkling water or Regular water 0.25l	2.50€

Take away drinks

Sparkling water or Regular water 0.50l	2.70€
Coca regular or coca zero 0.50l	2.90€

Hot drinks

Coffee, espresso	2.00€
Tea, organic infusion	2.50€
Hot chocolate	2.50€
Cappuccino	2.70€

Coffee & Cookie

Allergens: gluten (+1€ in menu)

Extra slice of BIO bread	0.50€
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Order online www.alasoupe.net

3 points of sale in Luxembourg

à la soupe Chimay

9 rue Chimay

Monday - Friday 10.00am - 7.00pm

Saturday 10.00am - 6.00pm

à la soupe Bender

4 rue Bender

Monday - Friday 11.30am - 2.30pm

à la soupe Kirchberg

44 avenue J.F Kennedy

Monday - Friday 11.30am - 2.30pm

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